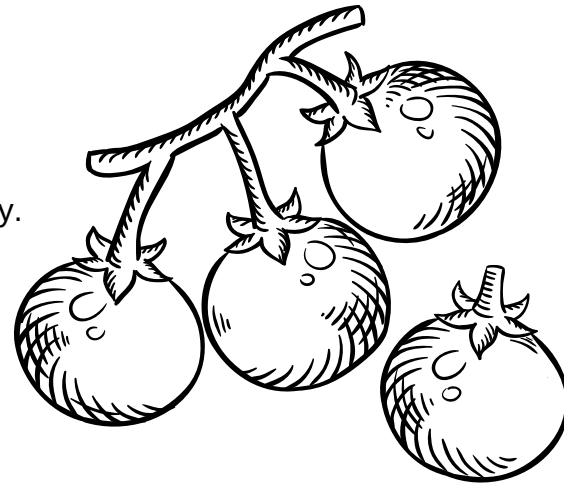




Tomato Trivia

1. What province grows the most tomatoes?
2. Processing tomatoes are grown for three end uses: whole peeled, paste, or _____.
3. Tomatoes are an excellent source of Vitamin A, Folacin, Thiamine, Magnesium, Potassium and Vitamin _____.
4. Tomatoes were first discovered in the South American country now known as _____.
5. Tomatoes by weight are _____% water.
 - a. 94.5
 - b. 71.3
 - c. 98.6
 - d. 64.9
6. Tomatoes are part of a flowering plant family called *nightshades*. Which of the following crops are part of the same family?
 - a. Corn
 - b. Cucumber
 - c. Peppers
7. **True or False:** Tomatoes can be black, purple and even striped.
8. **True or False:** Fresh Ontario tomatoes are only available seasonally.
9. **True or False:** There are over 10,000 tomato varieties.
10. **True or False:** Tomatoes are a vegetable.



Answers: 1. Ontario - Ontario is the largest producer of fresh and processing tomatoes in Canada. 2. Juice - 60% of processing tomatoes are made into tomato paste which can be used for ketchup, soups, and sauces. 20% are made into canned whole peeled tomatoes and 20% made into juice. 3. Vitamin C 4. Peru - Tomatoes were discovered by early explorers in the 16th century in what is now known as Peru, and wild tomato plants can still be found growing in the Andes. 5. a 6. c - eggplants and potatoes are also part of the nightshade family. 7. True - but red tomatoes are still the most popular by far. 8. False - greenhouse technology ensures Ontarians have access to freshly grown tomatoes even in the winter! 9. True - It is speculated that there could be over 25,000 tomato varieties. 10. False - Botanically, tomatoes are a fruit because a "fruit" is defined as the edible part of the plant that contains seeds, while a vegetable is the edible stems, leaves and roots of the plant.